

Hi, Yana Mamas.

*I see you.*

*The transition into motherhood—whether you're preparing to return to work or planning to stay home—is one of the most profound shifts of your life. You don't have to navigate it alone.*

*As a gift to this community, I'm offering you a complimentary Parental Leave Transition Assessment™, along with a 1:1 results review session.*

*You'll walk away with personalized insights and next steps to help you approach this season with clarity, confidence, and care.*

*Whether you're headed back to your career, shifting into full-time caregiving, or still figuring out what's next—this space is for you.*

*Email me at [info@momiculture.com](mailto:info@momiculture.com) to get started.*

*Why am I doing this? Because I genuinely want to support you during this major life transition—and while it's my way of giving back, it's also a way to grow my coaching practice through referrals or by working more deeply with those who want more sessions. Either way, I get to uplift fellow mamas—and that's a win in my book.*

With you,

Megan T



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